

FASHION

Q: WHAT FASHION CHOICES CAN WE MAKE TO HELP OUR FAMILIES AND OUR ENVIRONMENT?

LEARNING OBJECTIVES

To describe how our spending decisions can impact others and the environment.

To understand the financial and environmental benefits of making cost-effective decisions.

To identify ways that old clothing can be reused, rather than being thrown away.

FINANCIAL EDUCATION PLANNING FRAMEWORK LINKS

I can explain how my spending decisions can help support others, e.g. buying fair trade products, using charity shops (7-9 years)

I understand why we should all be critical consumers, thinking carefully about how we use our money (9-11 years)

ACTIVITY

Begin the activity by asking the children:

**What percentage of clothes in the average wardrobe do you think has not been worn in a year?
10%, 20% or 30%**

A: On average 30% of clothes in a UK person's wardrobe have not been worn for a year or more.

Ask pupils what happens to their clothes when they do not wear them anymore? Make a list on the board of what could happen to them. This could include:

- Take them to a charity shop
- Pass on to a younger sibling
- Throw them in the bin
- They go to landfill

Watch this video and explain that it shows ways in which old clothes can be made into something else, rather than being thrown away. <https://www.youtube.com/watch?v=iBxQH4pG3L4>

Discuss the different 'upcycling ideas' shown in the video. Which ideas did pupils think were the best and why? Do they think upcycling might help people save money too?

Explain that small actions like upcycling an item instead of throwing it away can have a big impact on the environment and can help us be cost-effective too.

CHALLENGE PORTFOLIO ENTRY OPTION

To show other people how easy it is to upcycle old or unused clothes, children could create a poster or a leaflet using an idea from the video or one of their own. They will need to show the steps of the 'upcycling' process in a simple and engaging way and explain why it is both cost-effective and good for the environment.

Children could also have a go at one of the upcycling ideas either during an art session or at home. They could submit photographic evidence of their upcycled item as an additional campaign material for their portfolio. Once they've created their campaign material, remind the children to complete a *Challenge Summary Sheet*.