

CHALLENGE SUMMARY SHEET

Category 2: Ages 7-11

Organisation/ School Name:	St John Vianney Catholic Primary School, Mount Nod Way, Coventry CV5 7GX		
Team Name (optional)			

Student First Name	Student Last Name	Age	Campaign materials included e.g. saving energy poster, fast fashion article
Freya	Cooke	11yrs	1. Food Waste poster included
			<i>Additional campaign materials:</i>
			2. A4 page including photos and writing about freezing leftovers
			3.

Briefly explain your campaign material(s) and how they are intended to raise awareness of the issues around saving money and protecting the environment?

I have designed a poster which warns people about the damage we can have on the environment when we don't think about our actions and waste food and also the money that they waste. My poster also gives people tips and tricks to become a waste-free superhero. I wanted to do this challenge because I thought it was a great way to help my family and people surrounding me to do their part to stop our changing World.

What is your chosen issue? And why did you choose this issue?

I chose to make a poster about Food wastage because I thought it was the biggest issue in my household. I believe that we need to take more caution when food is involved for example making too big of meals and food being thrown away. Not only is this a waste of food but money too! Some people in the world have nothing and we are very privileged this is when I realised we needed to take precaution.

What small changes can you make to save money and protect the environment?

I can plan my meals. This will help to know what to buy and not waste. I can also give left over fruit and vegetables to pony and donkey sanctuaries. Others can then enjoy the food that is not wanted in my house. I am willing to make many more changes in my life for the good of our world.

If your entry was to win the Young Money Challenge, how would you spend your prize voucher in a way that supports responsible consumerism?

I would think carefully about which shops to purchase from to allow myself to only spend at shops which are supporting the environment. I would purchase something that I would never throw away with the money therefore it will not ever go into landfill producing methane.

CLEANUP YOUR



OUR

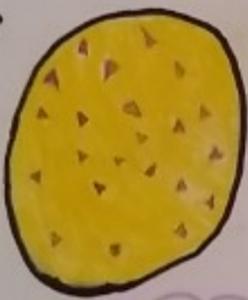
If you waste food, you also waste money and damage the environment. Follow these tips and tricks to become a waste-free superhero!

Plan your meals

measure your ingredients

Use By dates mean food must be eaten or used by that date

F



OOD

Buy only what you need fresh food.

Food can still be eaten after the Best Before date

Freeze leftover bread

Feed garden animals leftover bread that is stale

Donate no longer edible fresh food to animal charities

Buy tinned or packet food in bulk taking advantage of any offers.

Store food correctly to keep it fresh

WASTE PRINT



Cottage Pie



I made cottage pie with my mum .



As we had leftovers I gave her some of the ideas from the poster to save money and food.



We divided the leftover into two bowls and put it in the freezer to eat at another time.