

Organisation/ School Name:		Mathilda Marks Kennedy	
Team Name (optional)		QUIDSTARS	
Student First Name	Student Last Name	Age	
Alex	Peston	11	
Briefly explain your creation and how it could help people look after their money and their health and wellbeing?			
My creation helps children from aged 10-11 have an understanding of challenges they might meet when they go to secondary school. It covers how to look after your money, mental health and wellbeing. It helps you solve problems you might come across and it makes you feel better about the pressure of transition from Year 6 to Secondary school.			
What did you learn about health and wellbeing from taking part in the Young Money Challenge?			
I learnt that it's crucial to look after our physical and mental health because it makes our lives a lot easier. For instance, I talk about how you shouldn't be peer pressured and how you shouldn't do anything you don't want to do. I also learnt lots of fun and creative ways to save money.			
What did you learn about managing your money from taking part in the Young Money Challenge?			
I learnt that you can have fun with managing your money and that saving money is also quite important. I really enjoyed learning about unhealthy and healthy snacks and how there is a price difference.			
What advice would you give people to help them look after their money and their health and wellbeing?			

If I had to give a piece of advice, I would say that you should do whatever works for you and that it's okay to ask people for help. You should also consider saving a bit of your allowance every week and trying other sorts of saving methods.

If your entry was to win the Young Money Challenge, how would you spend your prize voucher in a way that helps you look after your money and your health and wellbeing?

I would put the money towards new classroom facilities so my school can have an even better learning environment.



Transitioning from Year 6 to Secondary school

How to stay safe, healthy and money-smart

Introduction:

The aim of this training is to provide guidance for anyone who is about to go to secondary school. 🙋🙋🙋

We will be covering topics on Finance, mental health and physical health. I'll be talking about Price comparing, Healthy snacks, saving secrets etc and at the same time making it fun and accessible 😊😊.

Getting the best deal

When you're in secondary school you will have the opportunity to buy items. You need to make sure that you compare prices throughout different stores.

E.g. I want to buy a pair of trainers.
At the Nike Store. It is £52.

But at Sports Direct it is **£34**. That is a massive difference! And it leaves me with £18 to spend.



Healthy choices

Another thing you'll find in Secondary school is that you'll need to buy snacks.

The problem is that most healthy snacks are a bit more expensive than unhealthy snacks.

Unhealthy choice



60p

Go for the healthier choice!

Don't give in to the 25p difference!

Healthy choice



85p

TRAVELLING TREASURES



In secondary school most children are responsible for their journey to and from school. A lot of children will take the bus and need to use an oyster card.

There is a free alternative though. **If of course you can not walk to school.**

The Zip Oyster photocard : It was created by TFL (Transport for London) so 11-15 year olds could pay less for transport and get special free offers.



The Zip Oyster Photocard.



Peer pressure

In secondary school you might find it's easier to fit in with people if you own the same items as them

But you shouldn't necessarily buy something you have no interest in just because everyone else has it.

My friend Brian loves a band named The Rockers . Everyone at my school have their CDs except me. Even though I hate The Rockers I don't want to be the only one who doesn't have their music.

The point is that you shouldn't be peer pressured into buying something you don't want.



5 Quick Top Tips

- Always know the difference of if you're buying what you want or what you think you want.
- Always try to save money.
- Never be peer pressured.
- Try to be healthy as well as money-smart.
- And Lastly, do what's best for you.



Thank you for listening!

Thank you so much for reading my presentation and reading my top tips.

I have enjoyed doing this so much and I really hope you have benefited from this.

I have learnt many new skills and have enjoyed doing this competition very much.

